

# EXERCISE FACILITIES

This section includes gyms, fitness centers and studios.

## AVERAGE LEVEL OF CUSTOMER INTERACTION



Work requires limited customer interaction.

## EMPLOYEE + CUSTOMER PROTECTION



- Employees and customers should be encouraged to wear PPE where applicable. Do not use PPE if it affects breathing while exercising.
- If a customer or employee is sick, he or she should be sent home or to a healthcare facility.



- Some locations may require barriers to separate customers and/or employees.
- Stagger/spread equipment to maintain a distance of 6 feet or more between machines.
- Customers should be barred entrance once the safe social distancing capacity has been reached.



- Additional hand sanitizing stations should be available to patrons and employees.
- Employees should perform regular cleaning and encourage customer assistance with cleaning equipment after each use.
- Bathrooms should be sanitized after use.
- Sanitize any high-traffic areas, such as doorknobs, counters, etc.
- No food products consumed on premise by employees or customers.
- Customers and employees should bring their own water or other drinks.
- No towels should be offered by the gym. Customers should bring their own towels.



- Limit cash handling.
- Encourage customers to use credit/debit cards, tap to pay, Venmo, PayPal or another form of contact-less payment.
- Sanitize point of sale equipment after each use, including pens.

## MORE EXERCISE RESOURCES

[Association of Fitness Studios](#)